

## “TA-Coaching and Leadership Practice”

### General information

**In 2018 and 2019 YTCI plans to offer for their trainees modules for “TA-Coaching and Leadership Practice” in additional to the normal TA training**

“**TA-Coaching and Leadership—Practice**” is aimed at coaches, leaders, consultants and supervisors who want to reflect and develop their professional practice.

Methods will be theory input, discussions, exercises and supervision. The training will also offer the opportunity to reflect on personal issues, which have an impact on your professional work.

The training fulfils the requirements of the European Association of TA. All the hours can be counted as Advanced TA Training.

The modules can be also can be used to achieve certification by the DGTA (German Association of TA), which confirms, that you have attended an accredited course of Uta Höhl in “TA coaching and leadership practice”,

### Requirements for the Accreditation:

- 101 course certificate - this is the official introduction to TA or equivalent..
- 2 year course “TA-coaching and leadership practice” (10 modules á 2 days), which covers following topics:
  - Contracting and analysing the professional context
  - Problem definition using different TA-concepts
  - Ego States and Communication
  - Berne´s intervention Techniques
  - Psychological games and power plays
  - Script as a way to understand personality
  - Passivity
  - Bernd Schmid´s role concept
  - Group dynamics and team coaching
  - Conflict management
- 198 hours of TA training regarding coaching and leadership. These hours are made up of:
  - 30 Hours theory input
  - 30 Hours theory into practice through supervisions, exercises, group discussions regarding cases during the training
  - 30 hours self-reflection - personal development
  - The remaining 48 hours are applied practice of coaching theory. This can be individual or group supervision. The nature of this must be agreed with the Uta in advance.
  - The participants must have a minimum of 10 hours supervision of their coaching practice with Uta.
  - An essay and group presentation describing a professional project which is focusing n the application of TA in coaching or leadership practice. (Note; this needs to be a

minimum of 10 pages of A4 writing and this essay + presentation can be counted as 10 hours of TA training)

The whole course is normally completely run by Uta, who has the accreditation by the DGTA, however in Bucharest the training you have already done with YTCi can also be recognised for the accreditation. In the following modules: Ego States and Communication, Passivity, Script and Games, Contracting. Self-experience with a TSTA / PTSTA can be also accounted towards the requirements. (Such as attending the YTCi summer schools).

In addition to the 10 hours of supervision for the coaching and leadership practice, the following training topics must be completed with Uta:

- Bernd Schmid's role concept
- Group dynamics and team coaching
- Conflict management
- Contracting and analysing the professional context in Coaching
- Problem definition using different TA-concepts
- Power Plays
- Berne's intervention Techniques.

**For those who are interested in the accreditation:**

Please make an overview about your training (related to the topics above), and self-experience, to discuss with Uta individually what is necessary to achieve the certificate.

In 2018/2019, YTCi will organise modules, workshops regarding the specific coaching and leadership topics with Uta:

**Coaching and Leadership with Uta topics and dates for 2018:**

- 14/ 15<sup>th</sup> Feb - Group dynamics and team coaching
- 17 / 18<sup>th</sup> October - Conflict management
- May – YTCi training days with Dave and Uta - Treatment planning for coaching processes.

**Commitment:** Each participant commits to both additional modules. We invite respectful and open communication with each other and expect the group to maintain confidentiality.

**Venue:** YTCi - Bucharest

**Working times:** 10.00 – 18.00

**Costs:** 120 € each module for YTCi trainees in Romania (non YTCi members from Romania: 140 €; non YTCi members from Western-Europe: 250 € ), for the accreditation certificate you have to pay to the DGTA additionally 70 €

**Organisation:** The minimum number of participants is 10, maximum 14.

The additional modules are primary for trainees within the ongoing training group of YTCI. However if there are not enough participants (10), the two modules will be offered to former trainees or people who have at least attended a 101 with Dave.

**To reserve your place as a YTCi trainee please pay by the 1<sup>st</sup> of September 2017, including a deposit of 50 € into the YTCI account. – Once this payment has been accepted the total fees will become due – and the fees are for membership of the groups not for attendance.**

Please pay the remaining fee (**please in Euro**) at the respective workshop.

To apply and for the registration please inform Dave ([dave@ta-psychotherapy.co.uk](mailto:dave@ta-psychotherapy.co.uk)), as well as Uta ([uta@ta-beratung.de](mailto:uta@ta-beratung.de))